



BIOGENIC AMINES TESTING RESTRICTION REQUIREMENTS

PATIENT INFORMATION

Site test performed : SEALS North,
c/- Prince of Wales Hospital, Randwick
Telephone (02) 9382 9082

Your doctor has requested a 24 hour or random urine collection for Metanephrines, Catecholamines (Dopamine, Adrenaline, Noradrenaline) or Phenolic acids (VMA, HVA and 5HIAA).

Please avoid eating the foods below **3 days before and 24 hours during** the collection:

- Plantain
- Banana
- Walnuts
- Hickory Nuts
- Pineapple
- Plums
- Tomatoes
- Kiwifruits
- Avocados

Other products to avoid for **24 hours before and 24 hours during** the collection:

- Caffeine; such as coffee, tea, cocoa, and chocolate
- Nicotine
- Alcohol

Please consult your doctor if you have had recent surgery or are on the following medications:

Reserpine, Aspirin, acetaminophen, antihistamines, chlorpromazine (Thorazine), corticotropin, dihydroxyphenylacetic acid, ethanol, gentisic acid, homogentisic acid, hydrazine derivatives, imipramine (Tofranil®), isocarboxazid (Marplan), keto acids, levodopa, MAO inhibitors, methenamine, methyl dopa (Aldomet®), perchlorperazine, phenothiazines (Compazine®), promazine, promethazine (Mepergan®), acetanilide, coumaric acid, diazepam (Valium®), ephedrine, fluorouracil, glycerol guaiacolate (Guaifenesin), melphalan (Alkeran®), mephenesin, methamphetamine (Desoxyn), methocarbamol (Robaxin®), naproxen, phenacetin, phenmetrazine, phenobarbital, phentolamine.

INGESTION OF THE ABOVE FOODS AND DRUGS WILL LEAD TO FALSELY ELEVATED RESULTS.

Prepared by: T. Novos

SEALS

North | Randwick / Sydney
Central | Kogarah / Sutherland
South | Wollongong / Nowra / Shellharbour